

MARY A. TIDLUND CHARITABLE FOUNDATION NEWSLETTER

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MEDICAL AND EDUCATIONAL

2001 New Project – Haiti

In May 2001 Mary Tidlund was invited to join a group travelling to Haiti organized by Michael Duggan and Val Laforce with Julie Kohler, John Kohler, Jared van Bussel, Jess Markin and Rachel Blunden travelling with us. Prior to leaving, we learned how to build concrete water filters that could be installed and used in a home. The purpose of the concrete water filters is to remove parasites, coliform and bacteria from drinking water. We took a course given by Davnor Water Treatment Technologies in Calgary, Alberta. The units are presently made in Deschappelles, Haiti, at the Albert Schweitzer Hospital, which we visited. We installed four plastic water filtration units in various homes as an introduction to the filtration process. We also collected medical and educational materials, clothing and soccer balls, which we distributed at Port-au-Prince, Haiti, orphanages (Daughters of Charity of St. Vincent de Paul), schools (Becky DeWine Center in Cite Soleil) and hospitals (San Fils) we visited and worked in.

The Foundation is currently setting up an educational program to support education for street kids in Haiti through Michael Brewer, who lives and supports 50 street kids in Port-au-Prince, Haiti. The group took the street kids in two Tap Taps, the local transportation, to the beach for a day. It was a wonderful experience for all, as many of the kids had never left the city of Port-au-Prince. Thank you to Michael Duggan and Val Laforce for the introduction to Haiti.

New Initiatives in Haiti, 2002

The Foundation has been asked to organize a clinic on the north coast of Haiti. We plan to operate in May with a small medical group.

Ecuador 2001

We will maintain the letter exchange program between students from the Puyo Curaray area, one of the villages where we set up clinics, and students from the Waldorf School in Calgary, Alberta and the Meadowbrook Middle School in Airdrie, Alberta. Students exchange letters and drawings to learn about each other's lives, including their families, hobbies and the local animals and plants.

New Initiatives in Ecuador

In April 2002 we are planning a medical and educational trip to Ecuador which is the same trip we had to postpone in 2001 due to the September 11th, 2001 crisis in New York. Our team consists of Chris Lee, Debbie Mains, nurses from Calgary; Dr. Violet Shadd and Ray Pantin, doctors from Kitchener, Ontario and Mary Tidlund. Clinics will be set up in coastal areas as well as the Andes.

Operation Eyesight – India and Nepal 2001

In November 2001, we donated funds to support Operation Eyesight in an eye camp clinic just out of Katmandu, Nepal. We will also donate funds in support of Operation Eyesight projects in India during 2001.

Retreat 2002

On April 12th, 2002, the Foundation will host another holistic weekend retreat for women at the Learning Centre at Ghost River Crossing near Cochrane, Alberta. The theme of the retreat will be similar to our first one at Emerald Lake in 2000, in which we provided education to women about complementary therapies that could be incorporated into their daily lives to enhance wellness and health. Please contact us to make a reservation if you are interested.

Feeding the Homeless – Mustard Seed

The Foundation will continue our work at the Mustard Seed in 2002. This year we have again committed to organizing, and cooking four roast beef dinners that will feed approximately 1600 of Calgary's homeless at the Mustard Seed Foundation. Many thanks to the volunteers who help organize these dinners and to Cargill Foods for donating the beef.

Fund Raising 2001

Thanks to the many generous donations of our supporters, we raised over \$10,000 at our Wild Wild West Stampede Fest in June 2001. This fundraiser was a live and silent auction dinner and dance and was held at the Southern Alberta Pioneer Memorial Building in Calgary, Alberta. Over 100 people attended.

The Foundation

The Foundation was registered on October 14th, 1998 as a public foundation with Revenue Canada. The Foundation identifies, financially supports, participates in medical and educational programs in Canada and overseas. The Foundation also has a mandate to alleviate poverty.

The Governing Board

The Board of the Foundation is governed by Dr. Violet Shadd, a physician from Kitchener, Ontario; Alex Squires, a managing partner with Brant Securities Ltd., in Toronto, Ontario; Jane Stewart, a director of the Alternative Cancer Research Foundation in Calgary, Alberta; Patti-Anne Kay, a director of St. Mary's College in Calgary, Alberta; and Mary Tidlund serving as President of the Board from Calgary, Alberta.

Endowment Fund

In February 2001, we started an endowment fund for the long-term growth of the Foundation, in which the interest or a portion of the interest is used annually.

THANK YOU

Thank you for each and every donation. Your donation made each project into a successful reality. Thank you to the Board members for direction, to the volunteers who

worked at the clinics, helped to feed the homeless, organized fund raising events and most of all for fueling me with the drive to continue this great work.

If you are interested in making a donation, please contact us at www.tidlundfoundation.com or call the foundation at (403) 269 2989.

Mary Tidlund.